
Hospitalisation—Bladder Neck Incision

Frequently Asked Questions

This information leaflet is designed to let you know what you can expect during your stay. This is however, only a guide and your progress may vary from this outline. Please read this information and if you have any questions or concerns at any time, please discuss these with Dr Campbell.

Going to Hospital, and in particular being admitted for a procedure can be a threatening and stressful situation. We appreciate the anxiety that you might be feeling and in order to make the situation less stressful we have designed these leaflets which hopefully will give you a better understanding of what to expect when you have a procedure.

How long will I be in hospital?

The Expected Length of Hospital Stay is up to 2 night.

Please bring your medications and any x-rays relevant to your surgery into hospital.

Prior to discharge, your pain will be controlled effectively with medication and you will have resumed your normal diet.

What happens after I arrive at the Hospital?

You will be taken to the Day Of Surgery Lounge where a Nurse will complete a medical history if this was not completed prior to your admission.

Your temperature, pulse, blood pressure and weight will be checked.

If you take regular medication, you will continue to do so throughout your stay unless otherwise instructed by your Doctor.

What happens before the surgery?

You should not eat or drink for six hours prior to surgery

You should have showered prior to coming to hospital. Please advise your Nurse if you have not done so.

If you have been taking blood-thinning or anti-inflammatory medication (such as warfarin, aspirin or alternative medicines), please advise your Nurse.

You will be dressed in a theatre gown and disposable underwear.

Compression stockings will be applied to your legs

You may have a blood test, heart tracing or x-ray taken before your surgery.

The Anaesthetist may visit you before you go into surgery

Dr Campbell will see you before the procedure.

What happens after surgery?

If requested Dr Campbell will ring a family member to notify them of the outcome of your procedure.

You will return to the ward on your bed.

Nursing staff will check your blood pressure, pulse, temperature, urine and pain level regularly.

A urinary catheter inserted into your bladder will have bags of fluid attached. This is called a bladder irrigation. Nursing staff will monitor your urine closely and will irrigate your bladder to help remove any blood clots. The urinary catheter can sometimes give a sensation of a full bladder. This may feel uncomfortable. Please advise your Nurse if you get the sensation of a full bladder. The Nurse will check that the catheter is draining.

Your Doctor will decide when to remove your bladder irrigations and urinary catheter. This may be a few hours after surgery or the next day after surgery.

An intravenous drip will keep you hydrated and will be removed when you are eating and drinking well.

You can have regular medication for pain. It is important that you tell your Nurse if you have pain.

Nursing staff will help you with your hygiene needs, as required

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You will not be able to eat or drink for at least four(4) hours after your operation. Please check with the Nursing staff before you have anything to eat or drink

What happens on the Day of Discharge?

The urology team will visit you today

Please remain in your room and attend to your daily morning hygiene after this morning ward round.

Dr Campbell may visit you today.

Your urinary catheter will be removed and you will be required to remain in hospital until you can pass urine.

It is important to tell your Nurse when you want to pass urine once your urinary catheter is removed. After you have been to the toilet your Nurse will use a scanner over your stomach to check that your bladder is emptying properly. This procedure may be repeated 2-3 times and can take up to 4-6 hours to complete

Arrangements for a follow-up appointment and care instructions will be explained to you before you go home.

If you have a drip in your arm it will be removed before you go home.

Medications will be dispensed by the Pharmacist, if required

Discharge time is 10am. Please arrange for someone to collect you by this time

What should I do after I am discharged?

You should

Take medication to control any discomfort, as prescribed

Contact your Doctor if you begin to feel unwell or start to experience fever, pain, bleeding or the inability to pass urine.

Remember that you may feel tired the first few days after you go home, so get plenty of rest and eat a well balanced diet and drink around two litres of fluid each day

You should avoid, for six weeks after the procedure

Over-exerting yourself after you go home, such as heavy lifting as this may cause undue strain on your bladder, also shopping, mowing and gardening, and constipation. You can recommence driving, once you can perform the emergency

brake procedure normally.

What else should I look out for?

If you develop a fever, severe pain on passing urine, inability to pass urine or worsening bleeding, you should contact Dr Campbell on (07) 3367-1608, or your family doctor since you may require treatment with antibiotics and/or the temporary passage of a catheter. For after hours emergencies Dr Campbell can be contacted on (07) 33671608.

The Wesley Hospital Emergency Centre (07) 3232-7333, and The Greenslopes Private Hospital Emergency Centre on (07) 3394-7111 are other resources that are also available.

Are there any other specific points?

Your referring doctor will be sent a report of the procedure and if biopsy samples have been taken during the procedure, your referring doctor will be informed of the results. You will be asked to make a follow-up appointment after the procedure to assess the outcome of the treatment and to discuss any further treatments. Additional or alternative treatment may, however, be recommended at the time of the procedure.

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Who can I contact for more help or information?

Dr Peter Campbell

Suite 9, level 9, Evan Thomson Building, The Wesley Hospital,
Chasely St,

Auchenflower, QLD 4066

(07) 3367 1608,

www.campbellurology.com.au

The Wesley Hospital, Urology Ward

451 Coronation Drive,

Auchenflower, QLD 4066

(07) 3232 7168

www.uhc.com.au/wesley

The Wesley Emergency Centre

451 coronation Drive,

Auchenflower, QLD 4066

(07) 3232 7333

Greenslopes Private Hospital, Continence Advisor

Newdgate St,

Greenslopes, QLD 4120

(07) 3394 7978

www.greenslopesprivate.com.au

Greenslopes Private Hospital Urology Ward

Newdgate St,

Greenslopes, QLD 4120

(07) 3394 7261

www.greenslopesprivate.com.au

Greenslopes Private Hospital Emergency Centre

Newdgate St,

Greenslopes, QLD 4120

(07) 3394 6777

www.greenslopesprivate.com.au

**The Queen Elizabeth II Jubilee Hospital,
Urodynamics Department**

Kessels Rd,

Coopers plains, QLD 4108

(07) 3275 6346

American Urological Association Foundation

1000 Corporate Blvd, Suite 410,

Linthicum, MD 21090

1800 828 7866

www.UrologyHealth.org

Thank you for taking the trouble to read this information sheet. If you are satisfied with the explanation of the test, please sign below and this leaflet will be filed in your chart.

If you wish to retain a copy for you own records, one will be provided.

I have read this information sheet and I accept the information it provides.

Signature

Date
