

---

# Hospitalisation—Endoscopy

---

## Frequently Asked Questions

---

This information leaflet is designed to let you know what you can expect during your stay. This is however, only a guide and your progress may vary from this outline. Please read this information and if you have any questions or concerns at any time, please discuss these with Dr Campbell.

---

Going to Hospital, and in particular being admitted for a procedure can be a threatening and stressful situation. We appreciate the anxiety that you might be feeling and in order to make the situation less stressful we have designed these leaflets which hopefully will give you a better understanding of what to expect when you have a procedure.

### How long will I be in hospital?

This is a day case so you will be in hospital for approximately half a day.

Please bring your medications and any x-rays relevant to your surgery into hospital.

Any discomfort will be controlled effectively with medication

Prior to discharge, you will be able to pass urine without difficulty and you will have resumed your normal diet. You must arrange for a family member or friend to drive you home.

### What happens once I get to the Hospital?

You will be taken to the Day of Surgery Lounge where a Nurse will complete a medical history if this was not completed prior to your admission.

Your temperature, pulse, blood pressure and weight will be checked.

If you take regular medication, you should continue to do so unless otherwise instructed by the practice.

If you have any questions about your surgery or hospitalisation please ask your Nurse or Dr Campbell.

What happens before the procedure?

You should not eat or drink for six hours prior to surgery.

You should have showered prior to coming to hospital. Please advise your Nurse if you have not done so.

If you have been taking blood-thinning or anti-inflammatory medication (such as warfarin, aspirin or alternative medicines), please advise your Nurse.

You will be dressed in a theatre gown and disposable underwear

You may have a blood test, heart tracing or x-ray taken before your procedure.

The Anaesthetist may visit you before you go into surgery

Dr Campbell will visit you before the procedure.

### What happens after the procedure?

You will be required to rest in bed until you have recovered from the anaesthetic.

You will have your blood pressure, pulse and temperature checked regularly.

You will have an intravenous drip to keep you hydrated until you are eating and drinking.

Nursing staff will advise you when you can eat and drink

### What happens when I leave the hospital?

You will be discharged home when you can pass urine without difficulty

You will be eating and drinking normally

If required discharge medications will be dispensed by the Pharmacist.

If you have a drip in your arm it will be removed before you go home

Arrangements for a follow-up will be discussed with you before you go home

You will need to arrange for someone to pick you up, as you should not drive yourself home

## Hospitalisation—Endoscopy continued...

---

### What should I do when I get home?

#### **You should**

Take medication to control any discomfort, as prescribed

Drink around 2 litres of fluid each day, unless instructed otherwise

#### **You should avoid, for a period of time**

Heavy Lifting or straining, for example carrying the groceries, vacuuming or gardening

Regarding Driving, It is illegal to drive a motorized vehicle while under the influence of sedative medications. This ruling lasts for at least 24 hours

If you develop a fever, severe pain on passing urine, inability to pass urine or worsening bleeding, you should contact Dr Campbell immediately.

For after hours emergencies Dr Campbell can be contacted on (07) 33671608.

The Wesley Hospital Emergency Centre (07) 3232-7333, and The Greenslopes Private Hospital Emergency Centre (07) 3394-7111 are other resources that are also available.

---

## Hospitalisation—Endoscopy continued...

---

### Who can I contact for more help or information?

**Dr Peter Campbell**

Suite 9, level 9, Evan Thomson Building, The Wesley Hospital,  
Chasely St,

Auchenflower, QLD 4066

(07) 3367 1608,

[www.campbellurology.com.au](http://www.campbellurology.com.au)

**The Wesley Hospital, Urology Ward**

451 Coronation Drive,

Auchenflower, QLD 4066

(07) 3232 7168

[www.uhc.com.au/wesley](http://www.uhc.com.au/wesley)

**The Wesley Emergency Centre**

451 coronation Drive,

Auchenflower, QLD 4066

(07) 3232 7333

**Greenslopes Private Hospital, Continence Advisor**

Newdgate St,

Greenslopes, QLD 4120

(07) 3394 7978

[www.greenslopesprivate.com.au](http://www.greenslopesprivate.com.au)

**Greenslopes Private Hospital Urology Ward**

Newdgate St,

Greenslopes, QLD 4120

(07) 3394 7261

[www.greenslopesprivate.com.au](http://www.greenslopesprivate.com.au)

**Greenslopes Private Hospital Emergency Centre**

Newdgate St,

Greenslopes, QLD 4120

(07) 3394 6777

[www.greenslopesprivate.com.au](http://www.greenslopesprivate.com.au)

**The Queen Elizabeth II Jubilee Hospital,  
Urodynamics Department**

Kessels Rd,

Coopers plains, QLD 4108

(07) 3275 6346

**American Urological Association Foundation**

1000 Corporate Blvd, Suite 410,

Linthicum, MD 21090

1800 828 7866

[www.UrologyHealth.org](http://www.UrologyHealth.org)

---

Thank you for taking the trouble to read this information sheet. If you are satisfied with the explanation of the test, please sign below and this leaflet will be filed in your chart.

If you wish to retain a copy for you own records, one will be provided.

*I have read this information sheet and I accept the information it provides.*

Signature

Date

---