
Male Fertility Tests

Frequently Asked Questions

How should the specimen be produced?

Produce the specimen at home after at least 3 days of abstinence from sexual activity. The semen should be produced by masturbation (i.e. by hand) into the plastic container provided. You must not use a condom to collect the semen and the entire sample must be collected.

Always use the specimen containers provided. Do not collect your sample in a glass container because the silica in glass tends to destroy sperms and may give a false-negative result.

What should I do once the specimen has been produced?

1. Fill in the date and time of production and the days since your last ejaculation on the request form. This is essential for accurate assessment.
2. Check that the container is clearly marked with your name and date of birth.

Please Note—

If the details on either the form or container are not complete, the laboratory will not accept the sample and you may need to bring another one to the laboratory at a later stage.

Where do I take the specimen?

It is best if you bring the specimen yourself to the Pathology Laboratory to which you have been referred. Each Laboratory has many collection centers. The back of your request slip usually lists all the centers, so that you can choose one that is near to you.

How soon does the specimen need to be delivered?

The specimen **MUST** be brought to the Laboratory within 1 hour of production. During the journey, it should be kept warm (e.g. in an inside pocket or under your arm) but avoid excessive heating or chilling which may invalidate the test. The Collection centers are usually only open to receive specimens during business hours, so please check their availability. Specimens received outside these hours cannot be processed and will be discarded; in this event, you will then need to provide another sample at a later date.

How will I know about the results?

Once you have delivered the sample please ring the practice and make a review appointment. Please leave at least one week before returning to the practice to discuss the results of your tests.

What if the tests show poor sperm counts?

Dr Campbell will advise you on further treatment in this event. This usually means referral to a Department of Reproductive Medicine for consideration of assisted conception.

Male Fertility Tests continued...

Who can I contact for more help or information?

Dr Peter Campbell

Suite 9, level 9, Evan Thomson Building, The Wesley Hospital,
Chasely St,

Auchenflower, QLD 4066

(07) 3367 1608,

www.campbellurology.com.au

The Wesley Hospital, Urology Ward

451 Coronation Drive,

Auchenflower, QLD 4066

(07) 3232 7168

www.uhc.com.au/wesley

The Wesley Emergency Centre

451 coronation Drive,

Auchenflower, QLD 4066

(07) 3232 7333

Greenslopes Private Hospital, Continence Advisor

Newdgate St,

Greenslopes, QLD 4120

(07) 3394 7978

www.greenslopesprivate.com.au

Greenslopes Private Hospital Urology Ward

Newdgate St,

Greenslopes, QLD 4120

(07) 3394 7261

www.greenslopesprivate.com.au

Greenslopes Private Hospital Emergency Centre

Newdgate St,

Greenslopes, QLD 4120

(07) 3394 6777

www.greenslopesprivate.com.au

**The Queen Elizabeth II Jubilee Hospital,
Urodynamics Department**

Kessels Rd,

Coopers plains, QLD 4108

(07) 3275 6346

American Urological Association Foundation

1000 Corporate Blvd, Suite 410,

Linthicum, MD 21090

1800 828 7866

www.urologyhealth.org

Thank you for taking the trouble to read this information sheet. If you are satisfied with the explanation of the test, please sign below and this leaflet will be filed in your chart.

If you wish to retain a copy for you own records, one will be provided.

I have read this information sheet and I accept the information it provides.

Signature

Date
