

# Mersyndol Forte(R)

Paracetamol, codeine phosphate, doxylamine succinate

## Consumer Medicine Information

### What is in this leaflet

This leaflet answers some common questions about Mersyndol Forte. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor or pharmacist has weighed the risks of you taking Mersyndol Forte against the benefits they expect it will have for you.

**If you have any concerns about taking this medicine, ask your doctor or pharmacist.**

**Keep this leaflet with the medicine.**

You may need to read it again.

### What Mersyndol Forte is used for

Mersyndol Forte has pain relieving, fever reducing and calmative effects. Mersyndol Forte is used for the relief of severe pain that does not respond to milder pain relieving drugs. This may include toothache or pain from injury or surgery and headache pain. In addition the calmative properties of Mersyndol Forte may be especially useful in the treatment of tension headache, migraine and period pain.

It is suitable for people who cannot take aspirin for pain relief.

Mersyndol Forte is available only with a doctor's prescription.

Mersyndol Forte is not recommended for use in children under the age of 12 years.

### Before you take Mersyndol Forte

#### ***When you must not take it***

**Do not take Mersyndol Forte if you have an allergy to paracetamol, codeine phosphate, doxylamine succinate or any of the ingredients listed at the end of this leaflet.**

**Do not take this medicine if you have or have had any of the following medical conditions:**

- \* Acute breathing difficulties such as bronchitis, unstable asthma or emphysema

**Do not take Mersyndol Forte during labour, especially if the baby is premature.**

This medicine contains codeine, which may produce withdrawal effects in the newborn baby.

**Do not take Mersyndol Forte after the expiry date (EXP) printed on the pack.**

If you take this medicine after the expiry date has passed, it may not work as well.

**Do not take Mersyndol Forte if the packaging is torn, shows signs of tampering, or if it doesn't look quite right.**

**If you are not sure whether you should start taking Mersyndol Forte, contact your doctor or pharmacist.**

#### ***Before you start to take it***

**Tell your doctor or pharmacist if you have allergies to:**

- \* any other medicines

- \* any other substances, such as foods, preservatives or dyes

**Tell your doctor or pharmacist if you have or have had any medical conditions, especially the following:**

- \* Liver problems
- \* Kidney problems

**Tell your pharmacist or doctor if you are pregnant or plan to become pregnant.**

Your pharmacist or doctor will discuss the benefits and possible risks of taking the medicine during pregnancy.

**Ask your pharmacist or doctor about taking Mersyndol Forte if you are breastfeeding.**

A small amount of codeine passes into the breast milk. Your pharmacist or doctor will discuss the potential benefits and risks of taking the medicine if you are breastfeeding.

**If you have not told your doctor or pharmacist about any of the above, tell them before you start taking Mersyndol Forte.**

#### ***Taking other medicines***

**Tell your doctor or pharmacist if you are taking any other medicines including any that you buy without a prescription from your pharmacy, supermarket or health food shop.**

Tell your doctor or pharmacist if you are taking any other medicines, which contain paracetamol, codeine or doxylamine.

Some medicines can interfere with Mersyndol Forte including:

- \* Some types of antihistamines

- \* Warfarin, a medicine used for blood clots
- \* Metoclopramide, a medicine used to control nausea and vomiting
- \* Propantheline, a drug used to treat stomach ulcers
- \* Medicines used to treat epilepsy or fits
- \* Chloramphenicol, an antibiotic used to treat ear and eye infections
- \* Alcohol
- \* Medicines used to help you relax, sleep or relieve anxiety, such as barbiturates and sedatives
- \* Phenothiazines and antipsychotic agents, medicines used to treat mental disorders
- \* Zidovudine and rifampicin, drugs used to treat infections

Your doctor and pharmacist may have more information on medicines to be careful with or to avoid while taking Mersyndol Forte.

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## How to take Mersyndol Forte

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### **How much to take**

The usual adult dose is one or two tablets every 4 to 6 hours as needed for relief. Do not exceed 8 tablets in a 24 hour period.

Mersyndol Forte is not recommended for children under 12 years of age.

**Follow all directions given to you by your doctor and pharmacist carefully.**

Their directions may differ from the information contained in this leaflet.

### **How to take it**

Swallow the prescribed dose of Mersyndol Forte whole with a glass of water. It can be taken with or without food.

### ***If you take too much (overdose)***

**Immediately telephone your doctor or pharmacist or the Poisons Information Centre (telephone in Australia 13 11 26; in New Zealand 0800 764 766), or go to accident and emergency at your nearest hospital, if you think that you or anyone else may have taken too much Mersyndol Forte. Do this even if there are no signs of discomfort or poisoning.**

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## While you are using Mersyndol Forte

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### ***Things you must do***

**Tell any other doctors, dentists, and pharmacists who are treating you that you are taking Mersyndol Forte.**

### ***Things you must not do***

**Do not give Mersyndol Forte to anyone else, even if they have the same condition as you.**

**Do not take Mersyndol Forte to treat any other complaints unless your doctor or pharmacist tells you to.**

### ***Things to be careful of***

**Be careful driving or operating machinery until you know how Mersyndol Forte affects you.**

Mersyndol Forte may cause drowsiness in some people. Make sure you know how you react to Mersyndol Forte before you drive a car, operate machinery, or do anything else that could be dangerous if you are drowsy. If drowsiness occurs do not drive or operate machinery.

Avoid alcohol while you are taking Mersyndol Forte.

Mersyndol Forte may be dangerous if you take large amounts over a long period of time.

**Do not take high doses of the medicine for long periods of time unless your doctor tells you to.**

This medicine contains codeine, which may be habit forming.

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## Side effects

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**Tell your doctor or pharmacist as soon as possible if you do not feel well while you are taking Mersyndol Forte.**

**Tell your doctor or pharmacist if you notice any of the following and they worry you:**

- \* Skin rash
- \* Constipation
- \* Nausea and vomiting
- \* Drowsiness
- \* Sweating

These are the more common side effects of Mersyndol Forte. They are usually mild.

**Tell your doctor as soon as possible if you notice any of the following:**

- \* Shortness of breath
- \* Mouth ulcers, fever and sore throat
- \* Bleeding, bruising more easily
- \* Unusual or extreme mood swings
- \* Dizziness, light-headedness
- \* Flushing of the face

The above list includes serious side effects that may require medical attention. These side effects are rare.

**If any of the following happen, tell your doctor immediately or go to Accident and Emergency at your nearest hospital:**

- \* Wheezing or difficulty breathing
- \* Swelling of the face, lips, tongue or other parts of the body
- \* Rash, itching or hives on the skin

**The above list includes very serious side effects. You may need urgent medical attention or hospitalisation. These side effects are very rare.**

**Other side effects not listed above may occur in some patients. Tell**

your doctor or pharmacist if you notice anything that is making you feel unwell.

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## After using Mersyndol Forte

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### **Storage**

**Keep your tablets in the pack until it is time to take them.**

If you take the tablets out of the pack they will not keep well.

**Keep your tablets in a cool dry place where the temperature stays below 30 degrees C.**

**Do not store Mersyndol Forte or any other medicine in the bathroom or near a sink.**

**Do not leave it in the car on hot days or on window sills.**

Heat and dampness can destroy some medicines.

**Keep it where children cannot reach it.**

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

### **Disposal**

**If your doctor or pharmacist tells you to stop taking Mersyndol Forte or the tablets have passed their expiry date, ask your pharmacist what to do with any that are left over.**

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## Product description

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### **What it looks like**

Mersyndol Forte is a round, white tablet with M on one side and MERSYNDOL FORTE with a break line on the other side. Mersyndol Forte is available in a blister pack of 20 tablets.

### **Ingredients**

- \* Paracetamol 450mg
- \* Codeine phosphate 30mg
- \* Doxylamine succinate 5mg
- \* Sodium starch glycollate
- \* Talc - purified
- \* Magnesium stearate

Mersyndol Forte does not contain lactose, sucrose, gluten, tartrazine or any other azo dyes.

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## Manufacturer

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Mersyndol Forte is supplied in Australia by:

sanofi-aventis australia Pty Ltd  
12-24 Talavera Road  
Macquarie Park NSW 2113  
Australia

Mersyndol Forte is supplied in New Zealand by:

sanofi-aventis new zealand ltd  
Level 8, James & Wells Tower  
56 Cawley Street  
Ellerslie, Auckland

Australian Registration Number:  
AUST R 10109

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