

NIH Chronic Prostatitis Symptom Index (NIH-CPSI)

PATIENT NAME

Pain or Discomfort

- In the last week, have you experienced any pain or discomfort in the following areas?
 - 1 a. Area between rectum and testicles (perineum)
 - 1 b. Testicles
 - 1 c. Tip of the penis (not related to urination)
 - 1 d. Below your waist, in your pubic or bladder area
- In the last week, have you experienced:
 - 1 a. Pain or burning during urination?
 - 1 b. Pain or discomfort during or after sexual climax (ejaculation)?
- How often have you had pain or discomfort in any of these areas over the last week?
 - 0 Never
 - 1 Rarely
 - 2 Sometimes
 - 3 Often
 - 4 Usually
 - 5 Always
- Which number best describes your *average* pain or discomfort on the days that you had it, over the last week?
 - 0 No pain
 - 1
 - 2
 - 3
 - 4
 - 5
 - 6
 - 7
 - 8
 - 9
 - 10 Pain as bad as you can imagine

Urination

- How often have you had a sensation of not emptying your bladder completely after you finished urinating, over the last week?
 - 0 Not at all
 - 1 Less than 1 time in 5
 - 2 Less than half the time
 - 3 About half the time
 - 4 More than half the time
 - 5 Almost always

- How often have you had to urinate again less than two hours after you finished urinating, over the last week?
 - 0 Not at all
 - 1 Less than 1 time in 5
 - 2 Less than half the time
 - 3 About half the time
 - 4 More than half the time
 - 5 Almost always

Impact of Symptoms

- How much have your symptoms kept you from doing the kinds or things you would usually do, over the last week?
 - 0 None
 - 1 Only a little
 - 2 Some
 - 3 A lot
- How much did you think about your symptoms over the last week?
 - 0 None
 - 1 Only a little
 - 2 Some
 - 3 A lot

Quality of Life

- If you were to spend the rest of your life with your symptoms just the way they have been during the last week, how would you feel about that?
 - 0 Delighted
 - 1 Pleased
 - 2 Mostly satisfied
 - 3 Mixed (about equally satisfied and dissatisfied)
 - 4 Mostly dissatisfied
 - 5 Unhappy
 - 6 Terrible

Scoring the NIH Chronic Prostatitis Symptom Index Domain

Pain: Total of items 1a, 1b, 1c, 1d, 2a, 2b, 3, and 4 =

Urinary Symptoms: Total of items 5 and 6 =

Quality of Life Impact: Total of items 7, 8 and 9 =