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# Hospitalisation—Orchidectomy

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## Frequently Asked Questions

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This information leaflet is designed to let you know what you can expect during your stay. This is however, only a guide and your progress may vary from this outline. Please read this information and if you have any questions or concerns at any time, please discuss these with Dr Campbell.

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Going to Hospital, and in particular being admitted for a procedure can be a threatening and stressful situation. We appreciate the anxiety that you might be feeling and in order to make the situation less stressful we have designed these leaflets which hopefully will give you a better understanding of what to expect when you have a procedure.

### How long will I be in Hospital?

The estimated length of stay is up to 1 night

If you have any concerns about your ability to cope after your surgery, please discuss this with the nursing staff on admission to hospital.

Community services can be arranged if required, but please note they are not always readily available and not all patients are eligible for funded services

Please bring your medications and any x-rays relevant to your surgery into hospital

After surgery your pain will be controlled effectively with medication

Prior to discharge, you will be able to pass urine without difficulty, your wound will be clean and continuing to heal, and you will have resumed your normal diet

### What happens after I get to the Hospital?

You will be taken to the Day of Surgery Lounge where a Nurse will complete a medical history if this was not completed prior to your admission

Your temperature, pulse, blood pressure and weight will be checked

If you take regular medication, you should continue to do so throughout your stay unless otherwise instructed by Dr Campbell.

If you have any questions about your surgery or hospitalisation please ask your Nurse or Dr Campbell.

### What happens before the procedure?

You should not eat or drink for six hours prior to surgery

You should have showered prior to coming into hospital. Please advise your Nurse if you have not done so

If you have been taking blood-thinning or anti-inflammatory medication (such as warfarin, aspirin, or alternative medicines), please advise your Nurse

You will be dressed in a theatre gown and disposable underwear. Compression stockings will be applied to your legs.

You may have a blood test, heart tracing or x-ray taken before your surgery

The Anaesthetist may visit you before you go into surgery

Dr Campbell will visit you before the procedure.

### What Happens after the procedure?

- ~ You will return to the ward on your bed
- ~ Your blood pressure, pulse, temperature, wound dressing and pain level will be checked regularly
- ~ You can have regular medication for pain. It is important to tell your Nurse if you have pain
- ~ Nursing staff will check your wound regularly.
- ~ You will need to wear a scrotal support to help reduce swelling
- ~ An intravenous drip will help to keep you hydrated
- ~ You will not be able to eat for at least four hours after your surgery. Please check with Nursing staff before you have anything to eat or drink
- ~ You will be required to rest in bed until the anaesthetic has worn off, usually overnight. This will also help reduce any scrotal swelling

## Hospitalisation—Orchidectomy continued...

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### What Happens on the Day of Discharge?

~ The urology team will visit you today.

Please remain in your room and attend to your daily morning hygiene after this visit.

~ Dr Campbell may visit you today

~ If you have a drip in your arm it will be removed before you go home

~ A follow-up appointment and wound care instructions will be explained to you before you go home

~ Medications will be dispensed by the Pharmacist, if required

~ Discharge time is 10am, please arrange for someone to collect you by this time

### Discharge Advice Following Orchidectomy

#### **You should**

Take medication to control any discomfort, as prescribed

Contact your Dr Campbell or your family doctor if you begin to feel unwell or start to experience fever, pain, increased swelling or bleeding around the wound site

Wear a small pad in your underwear as slight discharge from the wound is common for 3-4 days after the procedure

Wear firm fitting underpants to provide scrotal support

Remember that you may feel tired the first few days after you go home, so get plenty of rest and eat a well balanced diet

#### **You should avoid for a period of time**

Over-exerting yourself after you go home, at least for the first few days.

This includes for example mowing, gardening and playing golf,

Heavy lifting should be avoided for at least two weeks after discharge.

Constipation i.e. straining to have a bowel motion can cause bleeding at the operation site

Driving should be avoided until you can perform the emergency brake procedure normally.

If you have any concerns regarding these instructions please discuss them with Dr Campbell.

### Are there any other specific points?

Your referring doctor will be sent a report of the procedure and will be informed of the results of any of the pathology tests. You may be asked to make a follow-up appointment after the procedure to discuss any further treatment. Additional or alternative treatment may, however, be recommended at the time of the procedure.

For after hours emergencies Dr Campbell can be contacted on (07) 33671608.

The Wesley Hospital Emergency Centre (07) 3232-7333, and The Greenslopes Private Hospital Emergency Centre on (07) 3394-7111 are other resources that are also available.

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## Hospitalisation—Orchidectomy continued...

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### Who can I contact for more help or information?

**Dr Peter Campbell**

Suite 9, level 9, Evan Thomson Building, The Wesley Hospital,  
Chasely St,

Auchenflower, QLD 4066

(07) 3367 1608,

[www.campbellurology.com.au](http://www.campbellurology.com.au)

**The Wesley Hospital, Urology Ward**

451 Coronation Drive,

Auchenflower, QLD 4066

(07) 3232 7168

[www.uhc.com.au/wesley](http://www.uhc.com.au/wesley)

**The Wesley Emergency Centre**

451 coronation Drive,

Auchenflower, QLD 4066

(07) 3232 7333

**Greenslopes Private Hospital, Continence Advisor**

Newdgate St,

Greenslopes, QLD 4120

(07) 3394 7978

[www.greenslopesprivate.com.au](http://www.greenslopesprivate.com.au)

**Greenslopes Private Hospital Urology Ward**

Newdgate St,

Greenslopes, QLD 4120

(07) 3394 7261

[www.greenslopesprivate.com.au](http://www.greenslopesprivate.com.au)

**Greenslopes Private Hospital Emergency Centre**

Newdgate St,

Greenslopes, QLD 4120

(07) 3394 6777

[www.greenslopesprivate.com.au](http://www.greenslopesprivate.com.au)

**The Queen Elizabeth II Jubilee Hospital,  
Urodynamics Department**

Kessels Rd,

Coopers plains, QLD 4108

(07) 3275 6346

**American Urological Association Foundation**

1000 Corporate Blvd, Suite 410,

Linthicum, MD 21090

1800 828 7866

[www.UrologyHealth.org](http://www.UrologyHealth.org)

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Thank you for taking the trouble to read this information sheet. If you are satisfied with the explanation of the test, please sign below and this leaflet will be filed in your chart.

If you wish to retain a copy for you own records, one will be provided.

*I have read this information sheet and I accept the information it provides.*

Signature

Date

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