
Hospitalisation—Removal of Stones from the Kidney (Percutaneous Nephrolithotomy)

Frequently Asked Questions

This information leaflet is designed to let you know what you can expect during your stay. This is however, only a guide and your progress may vary from this outline. Please read this information and if you have any questions or concerns at any time, please discuss these with Dr Campbell.

Going to Hospital, and in particular being admitted for a procedure can be a threatening and stressful situation. We appreciate the anxiety that you might be feeling and in order to make the situation less stressful we have designed these leaflets which hopefully will give you a better understanding of what to expect when you have a procedure.

How long will I be in Hospital?

The estimated length of stay is up to 2 nights.

If you have any concerns about your ability to cope after your surgery, please discuss this with the nursing staff on admission to hospital.

Community services can be arranged if required, but please note they are not always readily available and not all patients are eligible for funded services.

Please bring your medications and any x-rays relevant to your surgery into hospital.

After surgery your pain will be controlled effectively with medication.

Prior to discharge, you will be able to pass urine without difficulty, your wound will be clean and continuing to heal, you will have resumed your normal diet.

What happens after I get to the Hospital?

You will be taken to the Day of Surgery Lounge where a Nurse will complete a medical history if this was not completed prior to your admission.

Your temperature, pulse, blood pressure and weight will be checked.

If you take regular medication, you will continue to do so

throughout your stay unless otherwise instructed by Dr Campbell.

If you have any questions about your surgery or hospitalisation please ask your Nurse or Dr Campbell.

What happens before the procedure?

You should not eat or drink for six hours prior to surgery.

You should have showered prior to coming into hospital. Please advise your Nurse if you have not done so.

If you have been taking blood-thinning or anti-inflammatory medication (such as warfarin, aspirin, or alternative medicines), please advise your Nurse.

You will be dressed in a theatre gown and disposable underwear. Compression stockings will be applied to your legs.

You may have a blood test, heart tracing or x-ray taken before your surgery.

The Anaesthetist may visit you before you go into surgery.

Dr Campbell will visit you before the procedure.

What happens after the procedure?

If requested Dr Campbell will ring a family member to notify them of the outcome of your procedure. You will be taken to the ward on your bed.

Nursing staff will check your temperature, pulse, blood pressure, wound dressing and pain level regularly. During your surgery, a urinary catheter will be inserted into your bladder and a nephrostomy tube will be inserted into your kidney. Drainage from the urinary catheter and nephrostomy

Hospitalisation—Removal of Stones from the Kidney continued...

tube will be measured regularly.

An intravenous drip, inserted during your surgery will keep you hydrated.

You can have regular medication for pain. It is important that you tell your Nurse if you have pain.

You will not be able to eat or drink for at least four (4) hours after your surgery. Please check with the Nursing staff before you have anything to eat or drink.

Nursing staff will help you with your hygiene needs as required.

What happens the next day?

On the first day after your procedure and until Discharge

The urology surgical team will visit you. Please remain in your room and attend to your daily morning hygiene after this morning ward round.

An x-ray of your kidney and bladder will be performed

Nursing staff will check your temperature, pulse, blood pressure wound dressing, urinary catheter and pain level regularly.

The nephrostomy tube will be removed as per your Doctor's orders. A wound dressing will be applied as leakage is common once the tube is removed.

Your urinary catheter will remain until Dr Campbell requests that it be removed. Once your catheter is removed it is important to tell the Nursing staff when you want to pass urine. After you have been to the toilet the Nurse will use a scanner over your stomach to check that your bladder is emptying properly. This procedure may be repeated 2-3 times and could take 4-6 hours to complete.

Early progression of your walking and regaining your independence in daily activities is essential to a good recovery.

Normal bowel habits are sometimes disrupted after surgery. If you are concerned, your Nurse can offer advice on ways to resolve this common problem.

What happens when I am ready to go home?

The urology team will visit you today

Dr Campbell may visit you today. You will be passing urine without difficulty

If you have a drip in your arm it will be removed before you go home

Arrangements will be discussed for a follow-up appointment and wound care instructions will be explained to you before you go home.

Medication will be dispensed by the Pharmacist, if required.

Discharge time is 10am. Please arrange for someone to collect you by this time.

What should I do when I get home?

You should take medication to control any discomfort, as prescribed.

Ensure you drink around two litres of fluid per day.

Shower as usual unless instructed otherwise. Remove any dressing from the wound as instructed by Dr Campbell.

Please contact Dr Campbell if you begin to feel unwell or start to experience fever, pain, or any discharge/bleeding from your wound.

Remember that you may feel tired easily for the first few days after you go home, so get plenty of rest and eat a well balanced diet.

You should avoid, for the next two weeks

Straining or heavy lifting. For example carrying groceries, vacuuming, gardening

Over-exerting yourself, Driving, and Constipation.

What else should I look out for?

If you develop a fever, severe pain or bleeding, you should contact Dr Campbell on (07) 3367-1608, or your family doctor. For after hours emergencies Dr Campbell can be contacted on (07) 33671608.

Hospitalisation—Removal of Stones from the Kidney continued...

Who can I contact for more help or information?

Dr Peter Campbell

Suite 9, level 9, Evan Thomson Building, The Wesley Hospital,
Chasely St,
Auchenflower, QLD 4066
(07) 3367 1608,
www.campbellurology.com.au

The Wesley Hospital, Urology Ward

451 Coronation Drive,
Auchenflower, QLD 4066
(07) 3232 7168
www.uhc.com.au/wesley

The Wesley Emergency Centre

451 coronation Drive,
Auchenflower, QLD 4066
(07) 3232 7333

Greenslopes Private Hospital, Continence Advisor

Newdgate St,
Greenslopes, QLD 4120
(07) 3394 7978
www.greenslopesprivate.com.au

Greenslopes Private Hospital Urology Ward

Newdgate St,
Greenslopes, QLD 4120
(07) 3394 7261
www.greenslopesprivate.com.au

Greenslopes Private Hospital Emergency Centre

Newdgate St,
Greenslopes, QLD 4120
(07) 3394 6777
www.greenslopesprivate.com.au

**The Queen Elizabeth II Jubilee Hospital,
Urodynamics Department**

Kessels Rd,
Coopers plains, QLD 4108
(07) 3275 6346

American Urological Association Foundation

1000 Corporate Blvd, Suite 410,
Linthicum, MD 21090
1800 828 7866
www.UrologyHealth.org

Thank you for taking the trouble to read this information sheet. If you are satisfied with the explanation of the test, please sign below and this leaflet will be filed in your chart.

If you wish to retain a copy for you own records, one will be provided.

I have read this information sheet and I accept the information it provides.

Signature

Date
